



HOUSEHOLD HELPER

Weekly Cleaning Chart

- Limit daily pick up time to >15 minutes per day.
- Reserve 2 hours for weekly clean.
- Recruit household members to help!
- A constant drip hollows a stone. Frequent, small touches will result in a consistently cleaner and more organized home!

Daily

- **Laundry.** Find a cycle that works for you (wash at night and fold in the morning).
- **Dishes.** Put dishes straight in the dishwasher. Don't let them build in the sink!
- **Pickup.** Do this every night. You will start your day with an organized house.
- **Nightly prep.** Pack lunches, bags, layout clothes, whatever will make the morning smoother!

Weekly

- **Dust.** Rotate between dry and wet dusting. The microfiber rags work great!
- **Vacuum.** Vacuuming removes more dirt and dandrif than mopping so be thorough!
- **Mop.** Use something with a disinfectant, especially if you have pets!
- **Disinfect all surfaces:** bathrooms, kitchens, laundry room.
- **Clean mirrors.** Again, microfiber clothes are awesome for no streaks!
- **Disinfect and clean toilets.** Don't forget the base!
- **Disinfect and clean showers/baths.** Use your mop head to cover more area faster!
- **Appliances.** Clean (in and out) and wipe down. Rotate the inside of the fridge and oven every other week.
- **Wash:** bed sheets, handtowels from kitchen and bath, bath mat and rugs.

Swing Tasks - pick 1 per week

- **High and low dusting:** light fixtures, fans, crown molding, doors, trim and baseboards
- **Spot clean all cabinets, windows and doors.**
- **Purge and organize.** Make it count!
- **Outside/car:** organize patio, porch, clean out car, etc.